

# MIKEY ANDERSON

✉ **Email:** Mikeyander89@gmail.com

📞 **Phone:** 773-398-5142

📍 **Location:** Chicago

🌐 **Website :** www.Mikey-anderson.com

## EXPERIENCE

- **Catalyst Clinical Group, Outpatient psychotherapist, Chicago, IL, 2023- Present**
- Facilitate trauma-informed and LGBTQIA+ affirmative individual counseling sessions for children to older adults.
- Completed mental health assessments and treatment plans.
- Participated in weekly group consultations.
- Incorporated art therapy interventions in sessions.
- **Howard Brown Health, Broadway Youth Center, BHC & Clinician, Chicago, IL, 2021-2023**
- Facilitate trauma-informed and LGBTQIA+ affirmative individual counseling sessions for youth and young adults.
- Created and led "Queeries art therapy group" for LGBTQIA+ pre-teens.
- Facilitated art therapy groups at the Broadway Youth Centers Drop In.
- Co-facilitated art therapy group "The Journey Continues" with LGBTQIA+ elders.
- **Marwen, Teaching Artist, Chicago, IL, 2017- 2023**
- Designed and taught plushie-making sewing groups for art-based classes, family workshops, and events.
- Designed and taught queer-inspired craft-based art courses including; Queer Plushies, Homemade Crafty Queers, Queer Craftivist, and Queering Character Design.
- Mentoring radical young teaching artists.
- **C4 Community Counseling Centers of Chicago, Art therapist, Chicago, IL, 2020-2021**
- Facilitate trauma-informed and LGBTQIA+ affirmative individual counseling sessions for youth, teens, and families.
- Address issues related to grief, emotional regulation, fam social isolation.
- Created and led Queeries art therapy group for radical LGBTQIA+ pre-teen
- discuss issues related to self-care and activism.
- **Hephzibah Children's Association, Oak Park, IL, 2018-2020**
- Facilitate Trauma-informed individual art and play therapy sessions for children at their diagnostic treatment center and residence.
- Address issues related to children's grief, emotional regulation, family history, and identity development.
- Participated in clinical meetings to provide recommendations and support for children in treatment.
- Write individual Medicaid notes and progress reports.
- **UCAN, Art therapy and counseling intern, Chicago, IL 2018-2019**
- Facilitate trauma-informed individual counseling sessions for high school students.
- Address issues related to grief, emotional regulation, family history, identity, and social isolation.
- Created and led Radical Sewers, an art therapy group for high school students to discuss issues related to self-care and activism.
- **Sarah's Circle, Art Therapy Intern, Chicago, IL 2017-2018**
- Facilitate trauma-informed weekly art therapy groups and individual counseling sessions for women-identified adults experiencing homelessness, and mental illness, addressing issues related to sexual abuse, substance use, grief, emotional regulation, family history, identity, and social isolation.
- Created and led Sarah's Circle's first LGBTQIA art therapy group, focusing on issues of gender, sexuality, and self-image.
- Write individual and group progress notes

## EDUCATION

- School of the Art Institute of Chicago, M.A. in Art Therapy and Counseling, May 2019
- School of the Art Institute of Chicago, B.A. in Fine Arts, May 2012

## CERTIFICATION

- Licensed clinical professional, LCPC, IL, 180014728

## COMMUNITY-BASED ART & EXPERIENCES

- **National Transgender Health Summit**, Radical Crafting With Queer Clinicians: Self care through embroidery, group facilitator, San Francisco, CA 2023
- **The Latin School of Chicago**, Queer Craftivist with the schools GSA, Chicago, IL, 2022
- **Queer Radical Fair**, Chicago Park District, exhibitor, Chicago, IL, 2022
- **Queer Creative Arts Therapist: Expressive Therapies Summit**, Queering e-Learning with Crafts, presenter, Chicago, IL, 2021
- **FullerCraft Museum**, Craft in Art Therapy: The Transformative Potential of Craft, Panel presenter, Boston, MA, 2021
- **Marwen**, Queering Up E-learning with Young People, presenter, Chicago, IL, 2020
- **The Affirmative Couch**, Radical Crafting with Queer Clinicians: Self-care, Healing, and Activism, group facilitator, Los Angeles, CA 2020
- **Weinberg Newton Gallery**, Crafting Social Justice, presenter, Chicago, IL, 2020
- **Museum of Contemporary Art of Chicago**, Queer Plushie making for Family Day event, group facilitator, Chicago, IL, 2020
- **Awesome Con Jr**, Yarnies by Mikey Plushie Workshop, group facilitator, Washington, DC, 2020
- **Egg Strategy Art Shares**, Promoting Queer Inclusion through Crafts, presenter, Chicago, IL, 2020
- **Illinois Art Therapy Association**, Yarnie Workshop, group facilitator, Chicago, IL, 2020
- **Global Alliance for Africa**, Inclusion and belonging sewing workshop, group facilitator, Nairobi, Kenya, 2020
- Art of Connection: Space Between, Interactive craft experience about LGBTQIA+ youth in schools., Sullivan Galleries, Chicago, IL, 2019
- **Crafternoons with LGBTQIA+ Elders**, Center on Halsted, Chicago, IL, 2019
- **Queer(y)ng Graphic Medicine**, Queering Art Therapy, Presenter, Brighton, UK, 2019
- **Luries Children Hospital Gender & Sex Development Program**, Gender Expansive Plushies, teaching artist, 2019
- **Fenton High School**, Radical Quilters, Bensenville Art Counsel recipient, artist in residence, Chicago, IL, 2018
- **YOU Evanston**, LGBTQ puppet workshop, teaching artist, Chicago, IL, 2018
- **Lawndale Christian Health Centers**, Story quilts inspired by Faith Ringgold, Chicago, IL, 2018
- **Center on Halsted**, Pride Quilts with LGBTQIA+ Elders, Chicago, IL, 2018
- **Nuit Rose: A festival of queer art and performance**, Artscape Youngplace craft instalation, Toronto, CA, 2018

## PUBLICATIONS

- **Queer Worldmaking in Sex-Positive Art Therapy: Radical Strategies for Individual Healing and Social Transformation**, 2023 | Journal article DOI: 10.1080/07421656.2023.2193660 SOURCE-WORK-ID: BASE:f94abcd21f6c341f744c7a5b4aaaa19aaddf6ad77b4590418b556d13668e7099
- **CONTRIBUTORS:** Van Den Berg, Zachary D.; Anderson, Mikey
- **Ace(ing) ED, 2022 | Book chapter in Queering Nutrition and Dietetics**, DOI: 10.4324/9781003217121-38 SOURCE-WORK-ID: BASE:a1eb77735a40230595d44dbdc2f6b27b7630a3b03084be2c0da6ae6f824474a2
- **CONTRIBUTORS:** Anderson, Mikey
- **Clinician Resources for Internalized Transphobia**, 2021, Affirmative Couch, <https://affirmativecouch.com/clinician-resources-for-internalized-transphobia/> Therapists Facing Internalized Transphobia, 2021, Affirmative Couch, <https://affirmativecouch.com/facing-internalized-transphobia-for-therapists/>
- **Queer Ethos in Art Therapy**, 2020 | Book chapter in Craft in Art Therapy: diverse approaches to the transformative power of craft materials and methods DOI: 10.4324/9781003050513-18 SOURCE-WORK-ID: BASE:bdd984fb7883b6da33976ef52c63fcdaed654939a7c8732fbfc023b3f5036bec
- **CONTRIBUTORS:** Anderson, Mikey